

Lent 2024: Watch and Pray



“Watch and Pray challenges us to seek God in both familiar and unfamiliar places: in darkness and in quiet; in movement and migration; in the healing and transforming work of the Spirit; in the weeping of Holy Week and in the joy of Easter morning.”



This Lent decide on something special to do, or not to do; then give yourself a star on the Lent Calendar overleaf.

LENT RESOURCES

This year Lent starts on VaLENTines Day (Ash Wednesday). It would be good to be able to journey through Lent together by doing the same Lent reflections every day.

If you google ‘Church of England Watch and Pray’, (or if you prefer, a direct sign up link will be in the next Journal) it will take you to a page where you can sign up for daily reflection via email, or for the Lent App.

Reflections via email: Sign up: [Watch and Pray - Lent reflections | The Church of England](#) and get free daily Lent reflection emails (except Sundays) delivered straight to your inbox from Ash Wednesday to Easter Day.

Smart speakers: Audio versions of the Lent reflections will also be available for free on Alexa-enabled smart devices from Ash Wednesday (14 February)

The Church of England is recommending a book for Lent 2024 called **Tarry Awhile** – so if you enjoy a book to read over Lent, this may be one you would like to order from Eden books, Amazon or other book sellers (such as the Christian Bookshop in Chorley).

LENT and EASTER Services 2024

(all services in St John’s Church unless stated otherwise)



During Lent

Ash Wednesday (14th February)

7.30pm Service of Holy Communion

Mothing Sunday (10th March)

11am All Age Service

Palm Sunday (24th March)

9am Morning Prayer

11am All Age Worship Special

3pm BCP at Crabtree St Andrew’s

During Holy Week

Monday 25th March

7.30pm Holy Week Meditation

Maundy Thursday (28th March)

7.30pm Service of Holy Communion

Good Friday

10am All Age Worship Special

12pm—2pm Church open for private prayer

2pm— Hour at the Cross

Easter Sunday **(Remember the clocks spring forward!!!)**

7am Sunrise Service at Martin Mere (meet there!)

9am Service of Holy Communion

11am All Age Worship Special

3pm BCP Service at Crabtree St Andrew’s

7pm—Youth Contemporary Worship

Please check the Journal, ChurchSuite, or the website for more information on what is happening over Easter & Lent.

www.sjb-burscough.church/upcoming-events/